



“Imagine This!”

Our Vision – MAAT Crystal Village Community

*healing the planet
with many voices,
one rhythm
one heartbeat*



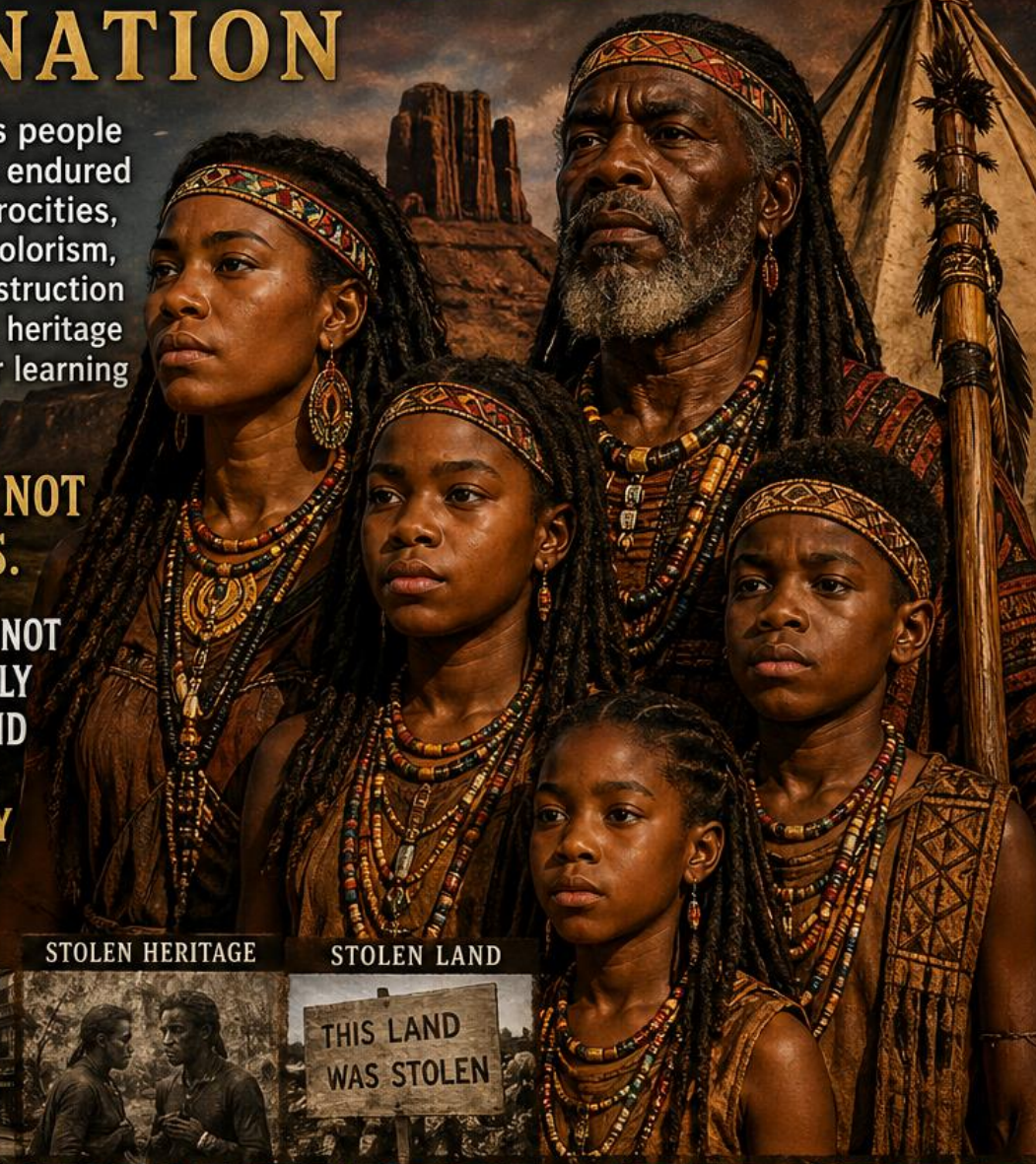
MA'AT AMERICAN ABORIGINE TRIBAL (MAAT) NATION

The true, original, and indigenous people to the Americas whose ancestors endured chattel slavery, suffered many atrocities, including racism, discrimination, colorism, Jim Crowe, lynchings, injustice, destruction of Black Wall Street, stolen culture, heritage and language, beaten and killed for learning to read English.

WE ARE THE TRUE OWNERS OF THESE LANDS, YET ALL WE WANT IS EVERYTHING THE U.S. GOVERNMENT AND THE STATES GIVE TO THOSE WHOM THEY BELIEVE ARE THE NATIVES TO AMERICA.

OUR PEOPLE HAVE STILL NOT RECEIVED REPARATIONS.

WE DON'T NEED TO AND SHOULD NOT BE FORCED TO BECOME FEDERALLY RECOGNIZED BECAUSE THIS LAND WAS FIRST INHABITED BY OUR ANCESTORS WHO WERE HIGHLY MELANATED PEOPLE.



CHattel SLAVERY

JIM CROWE

LYNCHINGS

BLACK WALL STREET

STOLEN HERITAGE

STOLEN LAND



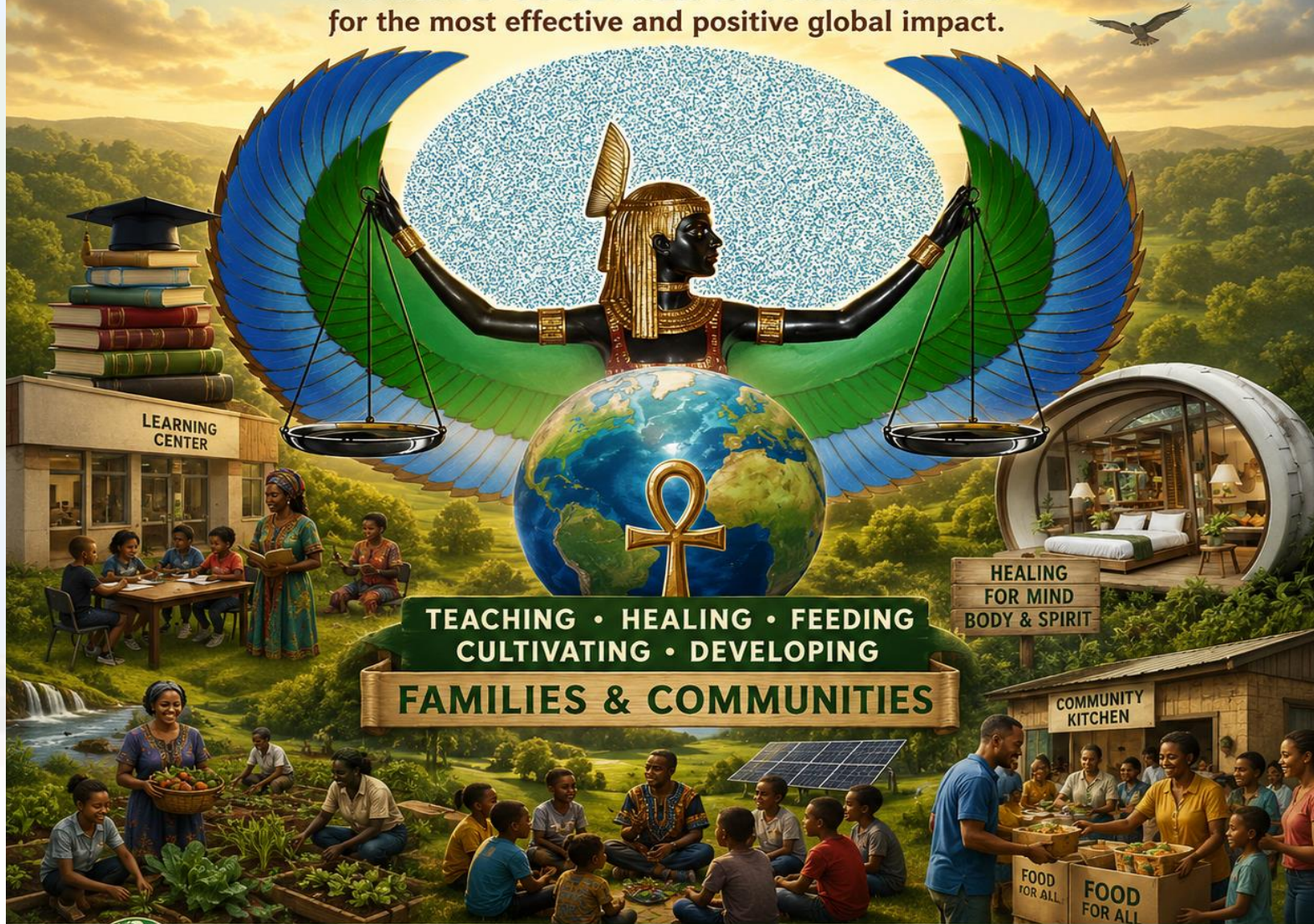
WE ARE MA'AT. WE ARE STILL HERE. WE HAVE ALWAYS BEEN HERE. THIS IS OUR LAND.

MAAT Nation & H.E.L.P. Center, Inc.

Ma'at American Aborigine Tribal Nation

Charity and Education go hand in hand.

WORKING TOGETHER IN PARTNERSHIP
for the most effective and positive global impact.



**TEACHING • HEALING • FEEDING
CULTIVATING • DEVELOPING
FAMILIES & COMMUNITIES**



**UNITED IN PURPOSE. ROOTED IN LOVE. GUIDED BY MA'AT. INSPIRED TO HELP.
TOGETHER, WE HEAL THE PLANET AND EMPOWER GENERATIONS.**

WNTBD Today

WHAT NEEDS TO BE DONE TODAY

A SERIES OF PODCASTS
ROOTED IN BLACK AMERICAN INDIGENOUS
WISDOM, CULTURE & TRUTH.
THE ISSUES ARE DEEP.
THE IMPACT IS GLOBAL.

LISTEN. LEARN. ACT.


THE Matriarch Speaks



THE Patriarch Speaks



IT TAKES A Crystal Village



OUR PEOPLE
ARE CALLING
ALL PEOPLE
TO ACTION.

IMPORTANT
COMMUNICATION
IS NEEDED.
BUT WE ALSO KNOW...
TALK IS CHEAP.

WE STAND ON THE SHOULDERS OF GIANTS.

INSPIRED BY THE URGENT CALL OF
ONE OF OUR ANCESTORS,
NOBLE THEODORE SCOTT MITCHELL BEY,
WHO ASKED, JUST BEFORE
HE TRANSITIONED:



“ **WHAT**
have you done?
What **HAVE**
you done?
What have
YOU done? ”

THE TIME FOR TALK IS OVER.
THE TIME FOR TRANSFORMATION IS NOW.
WNTBD TODAY.

→ KNOWLEDGE. TRUTH. UNITY. ACTION. LEGACY. ←

NO MORE DEPENDENCE ON MONEY. LET'S BUILD ABUNDANCE TOGETHER.

Join the **MAAT Crystal Village Community Exchange (CVEX)**,
a mutual credit and debit system where everyone
lists their offers and wants.

PEOPLE
OVER PROFIT



COMMUNITY
OVER
COMPETITION

OUR WEALTH
IS OUR WELL-BEING,
OUR CONNECTION,
AND OUR CONTRIBUTION.



CVEX

TIME
ENERGY
TALENT
SERVICE
PRODUCTS
SKILLS
ABILITIES

GIVE · SHARE · EXCHANGE · GROW

EVERYONE HAS
SOMETHING TO OFFER.
EVERYONE HAS
SOMETHING THEY NEED.
TOGETHER, WE THRIVE.

In CVEX, we exchange what truly has value—our
time, energy, services, products, skills, talents,
and abilities—to create a **win/win for everyone.**

- ✓ NO INTEREST
- ✓ NO DEBT
- ✓ NO EXPLOITATION
- ✓ JUST FAIR EXCHANGE AND TRUE FREEDOM
- ✓ TOGETHER WE RISE

TIME



Help a neighbor
2 hours
Get help
2 hours

ENERGY



Offer your
positive energy
Receive support
and motivation

SERVICES



Offer a service
you provide
Receive a service
you need

PRODUCTS



Share what
you make or grow
Get what
you need

SKILLS



Teach what
you know
Learn what
you want

TALENTS



Share your gifts
Inspire and be
inspired

ABILITIES



Use your
abilities
Empower
others

COMMUNITY



Stronger together
We rise
by lifting all

1. WATCH THE VIDEO

See how CVEX works and
how it can change everything.





Scan to watch:
<https://www.youtube.com/watch?v=jvVot30CopU&t=1s>

2. JOIN CVEX TODAY

Create your free account and
start exchanging!

TWO EASY
STEPS TO A
BETTER WAY
TO LIVE,
TOGETHER.





Scan to join:
<https://www.community-exchange.org/home/ces-exchanges/?xid=cvex>

REAL WEALTH IS CONNECTION. REAL POWER IS SHARING. REAL FREEDOM IS TOGETHER. THIS IS CVEX.

TO CELEBRITIES, MILLIONAIRES & BILLIONAIRES WE ARE CRYING OUT TO YOU.

Across Arizona, thousands of families are homeless. We are parents, children, veterans, seniors—good people going through hard times. We don't have a voice, so we're using this sign to reach your heart.

**WE DON'T NEED PITY...
WE NEED OPPORTUNITY.**
HOUSING.
FOOD. TOOLS.
A CHANCE.

TO CELEBRITIES,
MILLIONAIRES & BILLIONAIRES—
WE ARE FAMILIES,
NOT STATISTICS.
PLEASE HELP US!
SUPPORT **H.E.L.P. CENTER INC.**
SO THEY CAN HELP US REBUILD
OUR LIVES. THANK YOU.

14,000+ PEOPLE
EXPERIENCING HOMELESSNESS
IN ARIZONA, INCLUDING
3,000+ FAMILIES.
Numbers continue to rise in 2025.


H.E.L.P. CENTER INC. EXISTS TO BRING HOPE, EMPOWERMENT, LOVE & PROGRESS TO HOMELESS FAMILIES AND INDIVIDUALS ACROSS ARIZONA.

WITH YOUR SUPPORT, WE CAN PROVIDE:

					
AFFORDABLE HOUSING Safe, stable shelter for families to rebuild their lives.	FOOD & NUTRITION Healthy meals and community food programs.	TOOLS & EQUIPMENT Equip families for work, farming, and self-sufficiency.	EDUCATION & SUPPORT Programs for kids, parents, job training & counseling.	SUSTAINABLE LIVING Farming, gardens, clean water & renewable solutions.	COMMUNITY & DIGNITY Restoring hope, purpose and a future.

You have the power to change our story.
PLEASE INVEST IN REAL SOLUTIONS.

Partner with H.E.L.P. Center Inc. and help us build a stronger, healthier Arizona for everyone.

 **YOUR GENEROSITY CAN REBUILD LIVES.**
Thank you for being the answer to our prayer.



HOW YOU CAN HELP:

-  **DONATE**
-  **PARTNER**
-  **SPONSOR**
-  **SHARE OUR MISSION**










H.E.L.P. CENTER INC.
Building Better Lives. Building Stronger Communities.
(602) 327-2808
info@helpcenterinc.org
www.helpcenterinc.org



MAAT Crystal Village Community

A Sustainable • Secure • Holistic
Living Community

LEGEND

-  Geodesic Dome Home
-  General Facility (Park, Laundry Room, Recreation/Business Center)
-  Water Tower
-  Administration Office
-  Security Office
-  Visitor Parking
-  Entrance / Exit
-  Common Use Road
-  Call-deck (3 Homes)

WEST ENTRANCE →

← **EAST ENTRANCE**

COMPOST & TRASH FACILITY

COMMUNITY AGRICULTURAL GARDEN & STORAGE

SECURITY FEATURES

- 24/7 Security
- Controlled Access
- Surveillance Systems
- Community Patrol



A PLEDGE OF
\$30 MILLION

*Building Homes.
Growing Food.
Growing Community.
Building Legacy.*



TO
**H.E.L.P.
CENTER INC.**

HOUSING • EMPOWERMENT • LIVELIHOOD • PURPOSE

TO BUILD AFFORDABLE HOMES
AND
GROW FOOD
FOR THE



MAAT CRYSTAL VILLAGE COMMUNITY



This pledge represents a commitment to creating thriving, sustainable communities where every family has a safe, affordable home and access to healthy, fresh food.

TOGETHER, WE BUILD. TOGETHER, WE GROW. TOGETHER, WE THRIVE.

With Purpose,

DATE: _____

—  PLEDGE OF —
\$30 MILLION

— **TO** —
**MA'AT INDIGENOUS
NATIONS' TRUST**



MINT
MA'AT INDIGENOUS
NATIONS' TRUST

Investing in our people.
Building our future.
Living in balance with Ma'at.



— **COMMITTED TO BUILDING A SOVEREIGN, SUSTAINABLE FUTURE** —



BUILD AFFORDABLE HOMES
Creating safe, sustainable,
and culturally grounded housing
for our community.



GROW FOOD FOR OUR PEOPLE
Expanding gardens, farms, and food
sovereignty to nourish generations
today and tomorrow.



HONORING MA'AT. EMPOWERING NATIONS. BUILDING LEGACY.

TOGETHER WE BUILD • TOGETHER WE TEACH • TOGETHER WE PROSPER

Building Affordable Geodesic Dome Homes

Teaching Skills, Trades & Self-Sufficiency

Growing Food. Building Community. Creating Generational Wealth.

MAAT CRYSTAL VILLAGE
COMMUNITY
ROLL, ARIZONA

A NEW WAY OF LIVING
A BETTER WAY OF LIFE
A LEGACY FOR OUR CHILDREN

WATER
IS LIFE
CONSERVE
& PROTECT

TEACHING SKILLS
GROWING HEALTH
GROWING WEALTH

GROWING FOOD
GROWING HEALTH
GROWING WEALTH

SKILLS TODAY
FREEDOM
TOMORROW

DONATION
DATE May 24, 2024
PAY TO THE ORDER OF **H.E.L.P. Center Inc.** **\$30,000,000.00**
Thirty Million Dollars and 00/100 DOLLARS
For: Affordable Housing, Education, Skills, Trades, *Committed to a Better Future*
Food Sovereignty & Community Development *Billionaires for Generational Change*

WHAT WE BUILD TOGETHER

- AFFORDABLE GEODESIC DOME HOMES
- YOUTH & FAMILY EDUCATION
- SKILLS & TRADES TRAINING
- GROW YOUR OWN FOOD
- CLEAN WATER & SOLAR POWER
- STRONG COMMUNITY GENERATIONAL WEALTH

MAAT CRYSTAL VILLAGE COMMUNITY
— ROLL, ARIZONA • YUMA COUNTY —
H.E.L.P. CENTER INC.
HERITAGE • EDUCATION • LAND • PROSPERITY
Building Strong Families. Building Strong Communities.
Building A Legacy That Lasts.

OUR MISSION
EMPOWER THE PEOPLE
EDUCATE THE YOUTH
FEED THE COMMUNITY
BUILD WEALTH TOGETHER
LIVE IN BALANCE WITH MAAT

FUTURE LEADER

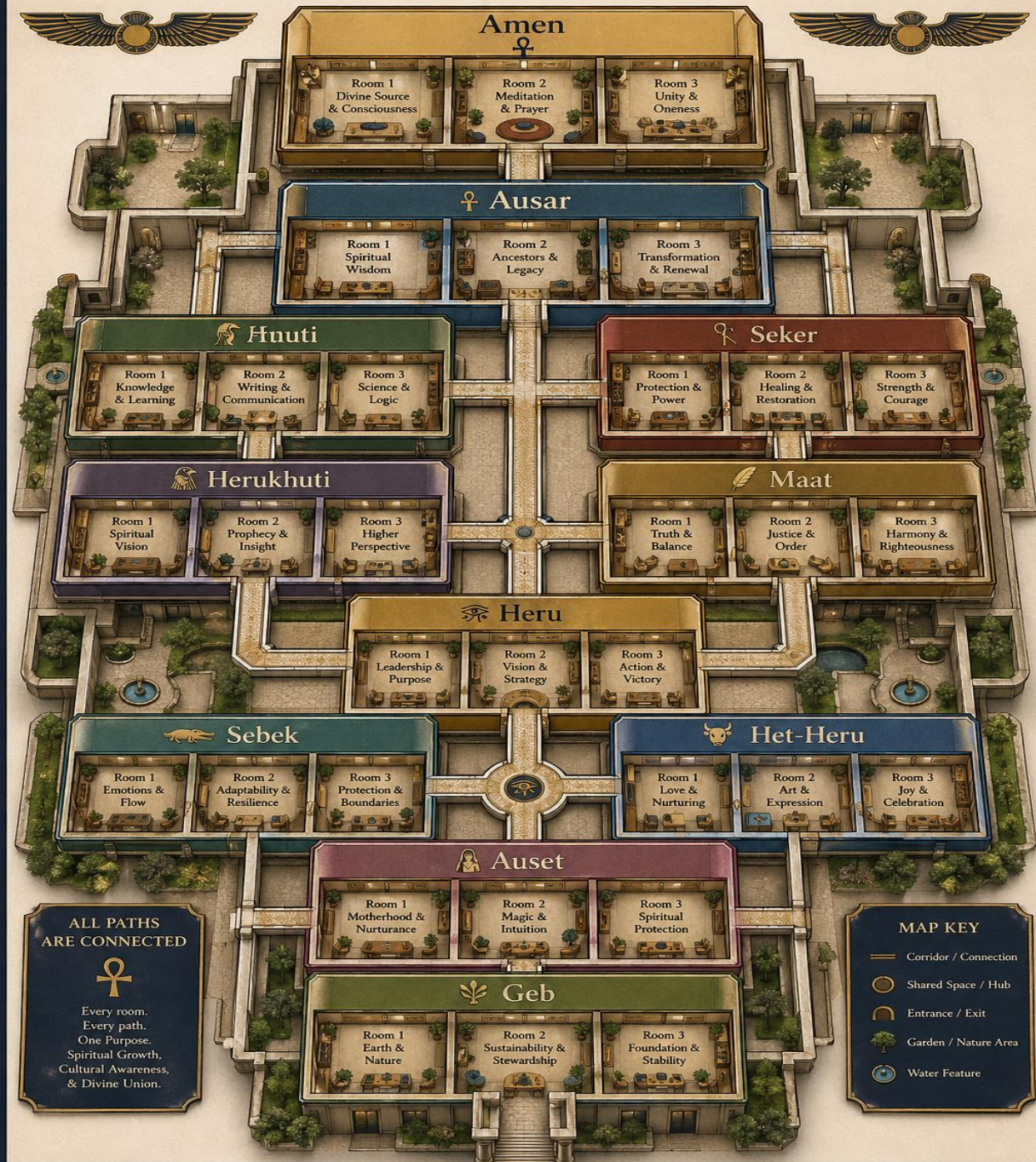
I CAN I WILL I BUILD

TRIBAL CHIEF

TRIBAL CHIEF

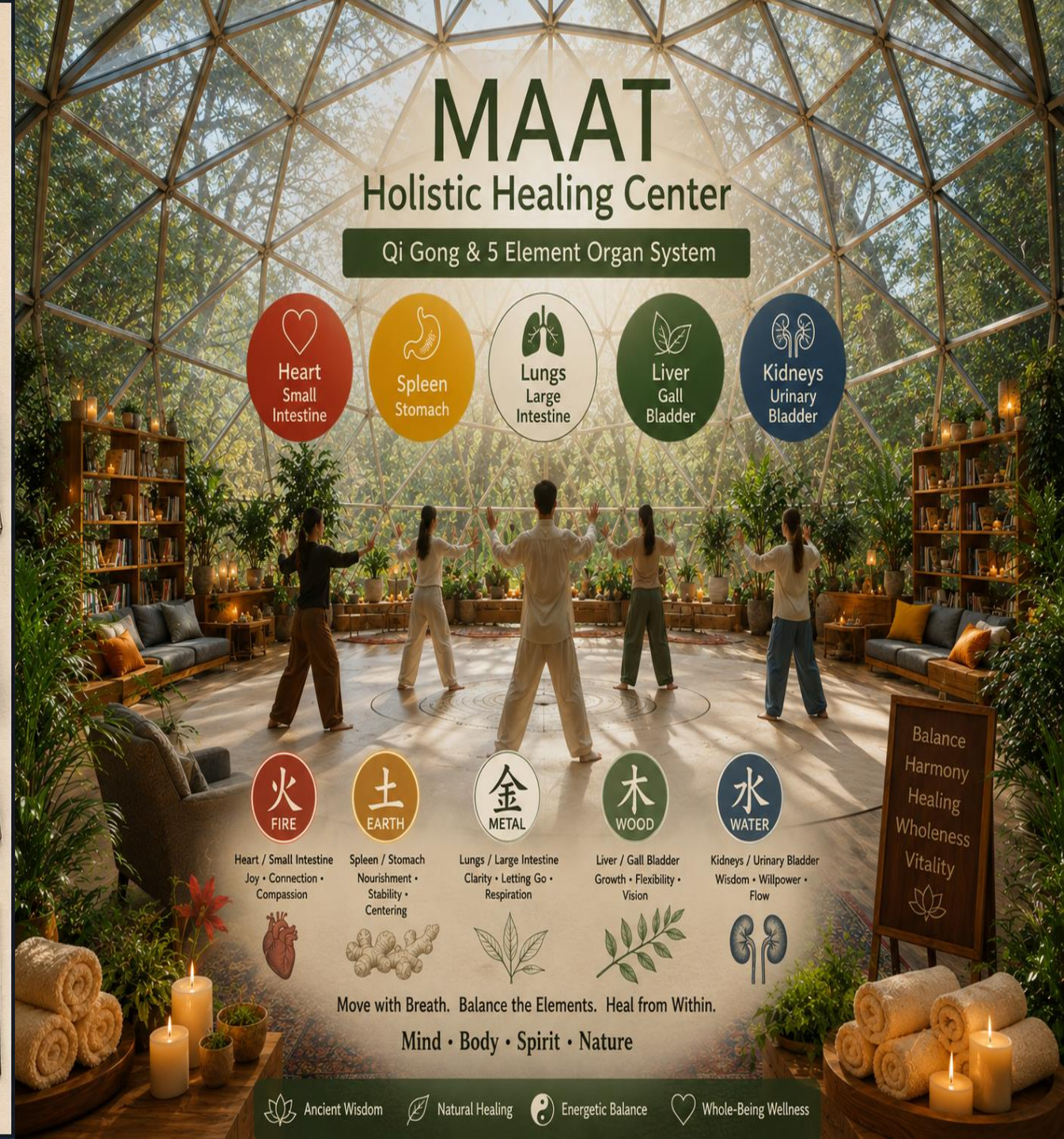
H.E.L.P. CENTER INC.

MAAT Cultural & Spiritual Education Center



MAAT Holistic Healing Center

Qi Gong & 5 Element Organ System



Move with Breath. Balance the Elements. Heal from Within.

Mind • Body • Spirit • Nature

MAAT CRYSTAL VILLAGE COMMUNITY • ROLL, ARIZONA (YUMA COUNTY)

HERITAGE EDUCATION LAND PROSPERITY (H.E.L.P.) CENTER INC.

BUILDING AFFORDABLE HOMES. TEACHING SKILLS. GROWING FOOD. BUILDING WEALTH. BUILDING LEGACY.

1 BEFORE - THE NEED

The land exists. The people are ready.
The opportunity is untapped.



LACK OF HOUSING | LIMITED EDUCATION | FEW JOBS | FOOD INSECURITY

2 THE VISION - BLUEPRINT

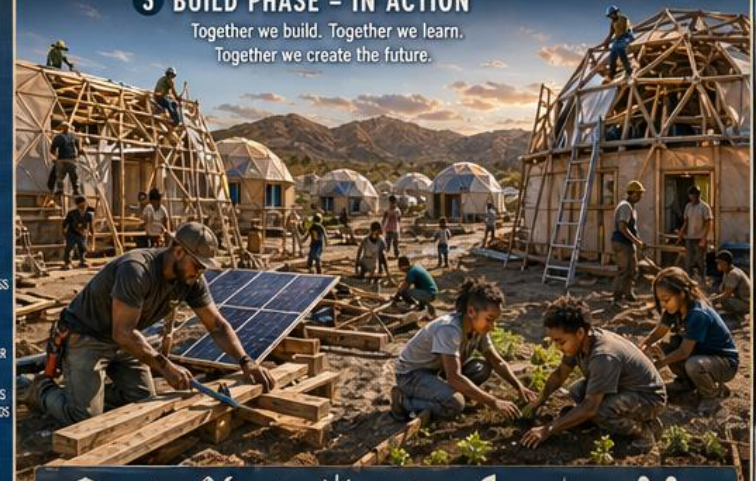
A master-planned, self-sustaining community
designed for generations.



16 SECTIONS (4X4 GRID) • 9 HOMES PER SECTION • CENTRAL FACILITY PER SECTION
HOUSING • EDUCATION • SKILLS • FOOD • WEALTH • COMMUNITY EXCHANGE (CVEX)

3 BUILD PHASE - IN ACTION

Together we build. Together we learn.
Together we create the future.



YOUTH LEARNING | SKILLED TRADES | SOLAR POWER | GROWING FOOD | STRONG FAMILIES

4 AFTER - THRIVING COMMUNITY

A beautiful, self-sustaining community
where families thrive.



AFFORDABLE HOMES | CLEAN WATER & POWER | COMMUNITY SAFETY | HEALTHY FOOD FOR ALL | UNITY & PEACE

5 IMPACT - GENERATIONAL CHANGE

We don't just build homes.
We build people, skills, and independence.



EMPOWERED PEOPLE. STRONG FAMILIES. SUSTAINABLE FUTURE.
BUILDING WEALTH TOGETHER.

6 EXPANSION - THE MOVEMENT

One village is the beginning.
A movement will change the nation.



OUR VISION:
A NETWORK OF MAAT COMMUNITIES
BRINGING EDUCATION, FOOD, HOUSING,
AND PROSPERITY TO FAMILIES NATIONWIDE.

JOIN US. INVEST IN PEOPLE. INVEST IN LEGACY.

TOGETHER WE BUILD • TOGETHER WE TEACH • TOGETHER WE PROSPER

SUPPORT THE VISION. BE PART OF THE SOLUTION.
www.helpcenterinc.org



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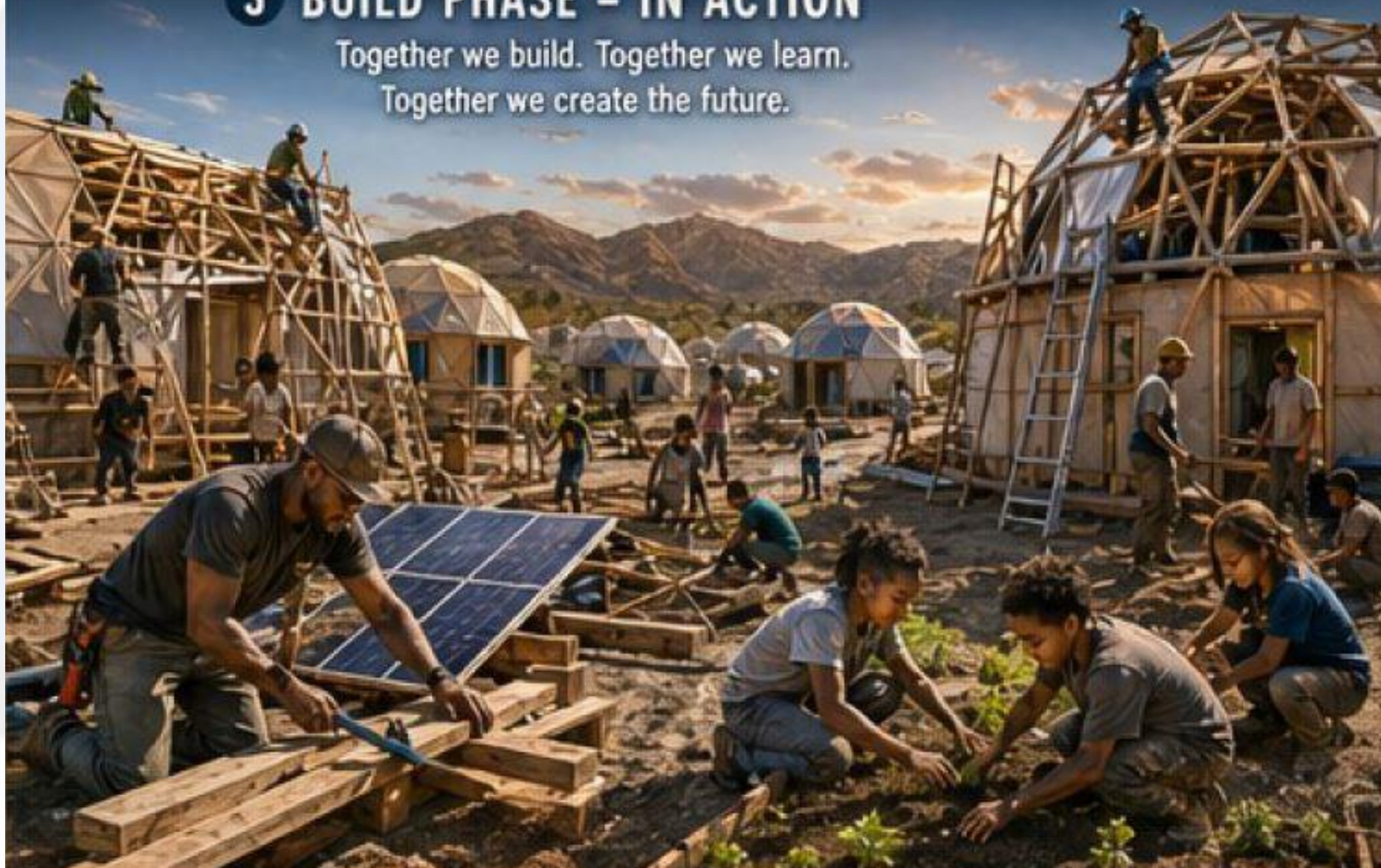
4 ENTRANCES / 4 DIRECTIONS



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H.E.L.P. CENTER SELF-REALIZATION HOME

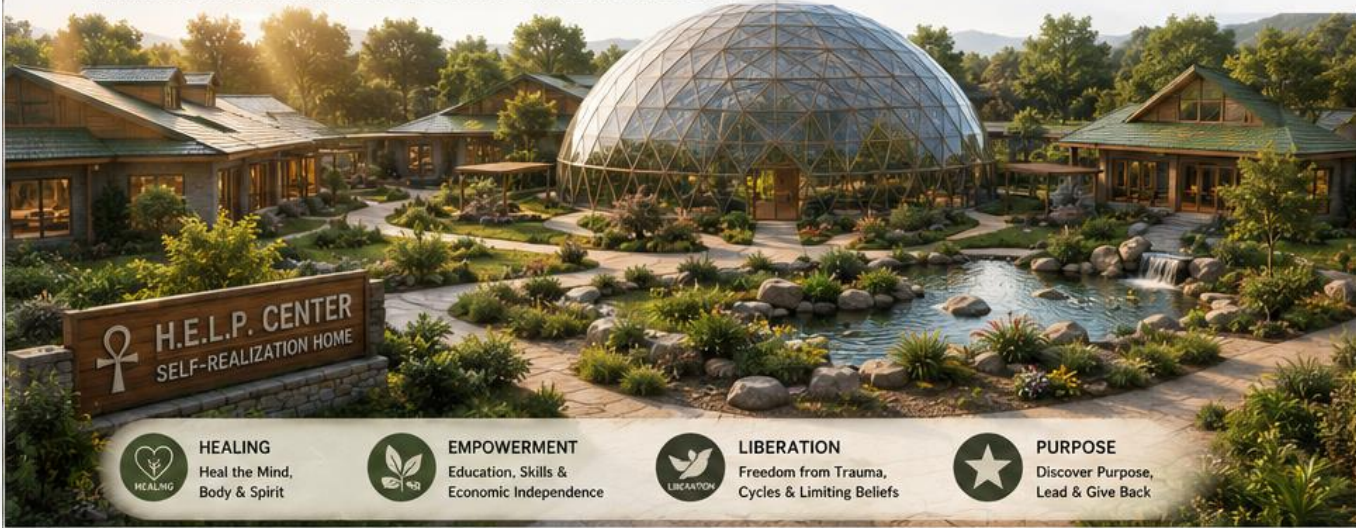
Holistic Empowerment & Liberation Program
Healing the Mind. Empowering the Spirit. Restoring the Future.

A PRISON RE-ENTRY SYSTEM & LIVING CENTER FOR INMATES
TRANSITIONING FROM PRISON BACK INTO MAINSTREAM SOCIETY



OUR MISSION

The H.E.L.P. Center Self-Realization Home is a transformational re-entry community that combines holistic healing, ancestral wisdom, education, vocational training, leadership development, and spiritual growth to help individuals break cycles, discover purpose, and build a better future.



HEALING
Heal the Mind,
Body & Spirit



EMPOWERMENT
Education, Skills &
Economic Independence



LIBERATION
Freedom from Trauma,
Cycles & Limiting Beliefs



PURPOSE
Discover Purpose,
Lead & Give Back

HOLISTIC HEALING & WELLNESS



Qi Gong



Guided Meditation



Natural Healing



5 Element Organ System

SPIRITUAL & CULTURAL DEVELOPMENT



Kamitic Legacy Teaching



Ma'at Principles



Ancestral Wisdom



Spiritual Growth

EDUCATIONAL ADVANCEMENT



- GED Preparation
- Literacy & Digital Literacy
- Financial Literacy
- Computer & Technology Skills
- College & Career Readiness

WORKFORCE & TRADE DEVELOPMENT



- Construction
- Welding
- Electrical
- HVAC / Plumbing
- Carpentry
- Culinary Arts
- Automotive Repair
- Solar & Green Tech

LEADERSHIP & MENTORSHIP



- Leadership Training
- Emotional Intelligence
- Conflict Resolution
- Mentorship & Accountability

ENTREPRENEURSHIP & NON-PROFIT DEVELOPMENT



- Business Planning
- Branding & Marketing
- Grant Writing
- Social Enterprise Creation

RELATIONSHIP & FAMILY REBUILDING



- Healthy Communication
- Parenting & Co-Parenting
- Family Counseling
- Trust & Relationship Building

DAILY STRUCTURE

- 6:00 AM Qi Gong & Meditation
- 7:00 AM Breakfast & Reflection
- 8:00 AM GED / Academic Classes
- 11:00 AM Trade Training
- 1:00 PM Lunch
- 2:00 PM Leadership & Life Skills
- 4:00 PM Fitness / Healing Programs
- 6:00 PM Dinner
- 7:00 PM Mentorship Circles
- 8:30 PM Evening Meditation
- 10:00 PM Lights Out

PROGRAM PHASES

1

STABILIZATION
0-30 Days
Safety • Assessment
Emotional Grounding
Routine Building

2

RESTORATION
1-6 Months
Healing • Education
Skill Development
Identity Rebuilding

3

EMPOWERMENT
6-12 Months
Employment • Entrepreneurship
Leadership • Independent
Living Preparation

4

REINTEGRATION
12+ Months
Housing Transition
Career Placement
Alumni Support

OUR ENVIRONMENT



Healing
Sanctuary



Meditation
Gardens



Learning
Classrooms



Trade
Workshops



Community
Farming



Fitness &
Wellness



Reduced
Recidivism



Education
Achievement



Employment &
Income



Stable Housing



Family
Reunification



Community
Contribution

SUCCESS OUTCOMES

FROM SURVIVAL TO SELF-REALIZATION. FROM INCARCERATION TO CONTRIBUTION.

Mind • Body • Spirit • Purpose • Legacy

H.E.L.P. CENTER

— CENTER —

SELF-REALIZATION HOME

FROM INCARCERATION
TO INSPIRATION.

FROM SURVIVING
TO THRIVING.

RECLAIM YOUR LEGACY.
REALIZE YOUR PURPOSE.
REBUILD YOUR LIFE.

HEAL • EMPOWER • LIBERATE • PREPARE

A prison re-entry system and living center
for inmates transitioning from prison
back into mainstream society.

HEALING
MIND • BODY • SPIRIT

KNOW THYSELF • CHANGE THYSELF • FREE THYSELF

BROTHERHOOD
COMMUNITY • PURPOSE



WE OFFER

- Safe Transitional Housing
- Case Management & Re-Entry Support
- Life Coaching & Accountability
- Community Service & Civic Engagement
- Access to Resources & Opportunities
- A Brotherhood Built on Truth, Respect & Growth



NOURISH THE MIND, BODY & SPIRIT



NATURAL HEALING
Holistic wellness for
mind, body and spirit.



KAMITIC LEGACY TEACHING
Reconnecting to ancient wisdom
for identity, purpose and strength.



QI GONG
Energy cultivation for balance,
healing and vitality.



GUIDED MEDITATION
Inner peace, clarity and
emotional healing.



BAZI
Understanding your destiny
and life path.



FENG SHUI
Harmonizing environments
for prosperity and peace.

BUILD SKILLS. BUILD FUTURES.



GED CLASSES
Education is the foundation
of a better future.



TRADES & SKILLS TRAINING
Hands-on training for
real-world success.



LEADERSHIP & MENTORING
Developing leaders.
Building legacies.



**BUSINESS & NON-PROFIT
DEVELOPMENT**
Turning ideas into impact
and sustainable income.



RELATIONSHIP BUILDING
Healthy relationships.
Stronger communities.

**OUR MISSION: TO HELP MEN HEAL, DISCOVER THEIR PURPOSE, DEVELOP THEIR POTENTIAL,
AND REINTEGRATE INTO SOCIETY AS PRODUCTIVE, CONSCIOUS AND CONTRIBUTING CITIZENS.**



KNOW
THYSELF



HEAL
THYSELF



CHANGE
THYSELF



FREE
THYSELF



HELP
OTHERS

NOT JUST A PLACE.
A PATH TO PURPOSE.

FROM INCARCERATION
TO INSPIRATION.
FROM SURVIVING
TO THRIVING.

H.E.L.P. — CENTER —

SELF-REALIZATION HOME
A WOMEN'S RE-ENTRY CENTER
Heal • Empower • Liberate • Prepare

A prison re-entry system and living center
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back into mainstream society.

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HEALING
MIND • BODY • SPIRIT

SISTERHOOD
COMMUNITY • PURPOSE

KNOW THYSELF • CHANGE THYSELF • FREE THYSELF



WE OFFER

- Safe Transitional Housing
- Case Management & Re-Entry Support
- Life Coaching & Accountability
- Trauma-Informed Counseling & Healing
- Education, Workforce & Vocational Training
- Access to Resources & Opportunities
- A Sisterhood Built on Truth, Respect & Growth

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FREE
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EMPOWER
SISTERS

NOT JUST A PLACE.
A PATH TO PURPOSE.



CRYSTAL VILLAGE



MAAT NATION

- KNOWLEDGE
- CULTURE
- AGRICULTURE
- TECHNOLOGY
- MAAT

BUILDING OUR LEGACY
LIVING IN BALANCE
WITH MAAT

ANCESTRAL
WISDOM
FUTURISTIC
LIVING



JOIN US. INVEST IN PEOPLE. INVEST IN LEGACY.

MAAT Nation & H.E.L.P. Center, Inc.

Ma'at American Aborigine Tribal Nation

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WORKING TOGETHER IN PARTNERSHIP
for the most effective and positive global impact.



TEACHING • HEALING • FEEDING
CULTIVATING • DEVELOPING
FAMILIES & COMMUNITIES



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Donation Links

[MAAT Crystal Village Community Fund](#)

[H.E.L.P. Center General Giving Fund](#)

[Tribal Heartship Fund](#)

*healing the planet
with many voices
one rhythm
one heartbeat*